

## **JOB FAMILY CONCEPT**

This family consists of three levels of athletic training work. Levels are distinguished based on type and complexity of work, degree of supervision received, and the level of autonomy. Positions in this family oversee the general health and wellbeing of student-athletes. This job family is distinguished from other Athletic job families by the primary responsibility of preventing, evaluating, managing and treating athletic injuries sustained while involved in intercollegiate athletics.

Athletic training positions support of a variety of areas such as:

- ☒ Athletic injury prevention and risk management
- ☒ Recognition, evaluation and assessment of injuries and illnesses
- ☒ Immediate care of injuries and referral
- ☒ Treatment, rehabilitation and reconditioning
- ☒ Health care organization and administration of the student-athlete
- ☒ Return to play criteria following injury

## **TYPICAL FUNCTIONS**

***The typical functions listed are typical examples of work performed by positions in this job classification. Not all functions assigned to every position are included, nor is it expected that all positions will be assigned every typical function.***

- Collect and manage pertinent healthcare information of the student-athlete
- Evaluate physical condition of the rehabilitating athlete
- Work with the coaches to help ensure physical fitness is optimized in athletic competition
- Prescribe routine and corrective exercises for strengthening injured athletes
- Communicate the plan to injured athletes, coaching staff and team physicians
- Formulate functional treatment plan and provide rehabilitation programs
- Provide treatment and therapeutic interventions
- Identify and recommend referrals or other services
- Select interventions and modify treatment plan
- Recommend diets to increase health and optimal weight
- Render first aid to athletes
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## **ATHLETICS – ATHLETIC TRAINING**

Job Classification

Adopted: July 22, 2007

Revised: July 1, 2009

- May train and certify coaching staff in CPR

### **LEVELS AND COMPETENCIES**

The primary distinction between levels is reflected in the Level Descriptors. As levels increase, the scope, complexity, and degree of independence increase. Higher levels may perform duties of lower levels. Education and experience are stated at the minimum threshold for the level. Additional education or experience may be desirable for some positions.

## ATHLETICS – ATHLETIC TRAINING

Job Classification

Adopted: July 22, 2007

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distinguished from level 1 by the responsibility to lead\*\* staff and authority to institute treatment plans, policies, and procedures for an athletic training program. The typical position at this level is an Associate Athletic Trainer.

### ***Knowledge, Skills, and Abilities***

Same as level one, plus: Advanced knowledge of athletic training, medicine, injury evaluation, treatment and rehabilitation. Advanced knowledge of therapeutic modalities, physical rehabilitation and strength conditioning techniques. Advanced knowledge of anatomy, physiology, nutrition and psychology. Knowledge of applicable rules and regulations. Ability to operate appropriate medical and strength conditioning equipment. Ability to lead\*\*.

### ***Education and Experience***

Bachelor's degree in athletic training or related field and four years relevant experience, or an equivalent combination of training and experience. Professional licensure may be required that is commensurate with the appropriate level. NATABOC (National Athletic Trainers Association Board of Certification) certification required. Master's degree preferred.

### **Level 3**

**PCLS: 06443**

**Grade 80**

**Exempt**

### ***Descriptors***

Work is performed under general direction. Administer athletic training programs and treatment of athletic injuries. Work with team physicians to establish protocol. Serve as a span expert reference.

